

KINGSFORD TERRACE | CORINDA ACTIVITY CALENDAR

November 2019

- Kingsford Terrace Café Open Tuesday to Friday, 9.30am to 3pm
- Beauty Therapist Bec: Tuesday, Wednesday, Friday
By appointment, Ph: 0409 805 346
- Hairdresser Ange: Monday, Thursday, Saturday
By appointment, Ph: 0420 474 668
- **KT Stage 3 Launch Thursday 7th 10am**

SUN	MON	TUES	WED	THURS	FRI	SAT
					1 Prescare Exercise 9:15-10:15am FireBloom Fitness Exercise 11-11.45 am Drinks and Nibbles 3.30pm Café	2
3	4 FireBloom Fitness Exercise 8.30-9.15 am Scrabble 11am Café Area Prescare Exercise 3-4pm	5 Nat Senrs (Corinda) 10am-12noon Board Room Movement to Music Class 10.30am Mahjong 2-4 pm Level 1, Litchfield	6 Tai Chi 9-10am Coffee & Chat 10:00am Café FireBloom Fitness Exercise 11-11.45 am	7 KT Stage 3 Launch Mitchell Bld 10am Func. Rm Craft Group 1pm Craft Room Table tennis 2pm Committee Meeting 2pm Board Room KT Choir 4pm Litchfield #44	8 Prescare Exercise 9:15-10:15am FireBloom Fitness Exercise 11-11.45 am	9

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SUN	MON	TUES	WED	THURS	FRI	SAT
10 	11 FireBloom Fitness Exercise 8.30-9.15 am Scrabble 11am Café Area Prescare Exercise 3-4pm	12 Hearing Clinic Suite 1 by appointment Movement to Music Class 10.30am Mahjong 2-4 pm Level 1, Litchfield	13 Tai Chi 9-10am Coffee & Chat 10:00am café FireBloom Fitness Exercise 11-11.45 am Function Room	14 Craft Group 1pm Craft Room Table tennis 2pm	15 Prescare Exercise 9:15-10:15am FireBloom Fitness Exercise 11-11.45 am	16
17 	18 FireBloom Fitness Exercise 8.30-9.15 am Scrabble 11am Café Area Prescare Exercise 3-4pm	19 Movement to Music Class 10.30am Mahjong 2-4 pm Level 1, Litchfield	20 Tai Chi 9-10am Coffee & Chat 10:00am café FireBloom Fitness Exercise 11-11.45 am Function Room	21 Craft Group 1pm Craft Room Table tennis 2pm KT Choir 4pm Litchfield #44	22 Prescare Exercise 9:15-10:15am FireBloom Fitness Exercise 11-11.45 am Function room Centenary Theatre Group Pulp 7.30pm	23 Resident Private event 12 noon Function Room
24 	25 FireBloom Fitness Exercise 8.30-9.15 am Scrabble 11am Café Area Prescare Exercise 3-4pm	26 Movement to Music Class 10.30am Mahjong 2-4 pm Level 1, Litchfield	27 Tai Chi 9-10am Coffee & Chat 10:00am café FireBloom Fitness Exercise 11-11.45 am Function Room	28 Craft Group 1pm Craft Room Table tennis 2pm	29 Prescare Exercise 9:15-10:15am FireBloom Fitness Exercise 11-11.45 am Function room	30 Sausage Sizzle 12.30pm