## ACTIVITY CALENDAR

## September 2019

- Kingsford Terrace Café Open Tuesday to Friday, 9.30am to 3pm
- Beauty Therapist Bec: Tuesday, Wednesday, Friday By appointment, Ph: 0409 805 346
- Hairdresser Ange: Monday, Thursday, Saturday By appointment, Ph: 0420 474 668
- Terry White Chemist Presentation, Friday 13, 10am
- Birthday Sausage Sizzle Saturday 14, 12.30pm
- Fashion Show Thursday 19, 10am
- Trivia Thursday 26, 6.45pm for 7pm start

SUN	MON	TUES	WED	THURS	FRI	SAT
1	Fire Bloom Fitness Exercise 8.30-9.15 am  Scrabble 11am Café Area  Prescare Exercise 3-4pm	Rrescare Aquatic Class 9:15–10:15am  Movement to Music Class 10.30am Mahjong 2–4 pm Level 1, Litchfield	Tai Chi 9-10am Coffee & Chat 10:00am Café Fire Bloom Fitness Exercise 11–11.45 am	Craft Group 1pm Craft Room Table tennis 2pm Committee Meeting 2pm Board Room	Prescare Exercise 9:15-10:15am Fire Bloom Fitness Exercise 11–11.45 am  Drinks and Nibbles 3.30pm Café	7
8	Fire Bloom Fitness Exercise 8.30-9.15 am  Scrabble 11am Café Area  Prescare Exercise 3-4pm	Prescare Aquatic Class 9:15–10:15am Hearing Clinic Suite 1 by appointment Movement to Music Class 10.30am Mahjong 2–4 pm Litchfield	11 Tai Chi 9-10am Coffee & Chat 10:00am Café Fire Bloom Fitness Exercise 11–11.45 am	Craft Group 1pm Craft Room Table tennis 2pm  KT Choir 4pm Litchfield #44	Prescare Exercise 9:15-10:15am  Presentation Terry White Chemist 10am Board Room or Library  Fire Bloom Fitness Exercise 11–11.45 am	14 BIRTH- DAY Sausage Sizzle from 12.30pm

## ACTIVITY CALENDAR

SUN	MON	TUES	WED	THURS	FRI	SAT
15	16 Fire Bloom Fitness Exercise 8.30-9.15 am  Scrabble 11am Café Area  Prescare Exercise	17 Prescare Aquatic Class 9:15–10:15am Movement to Music Class 10.30am  Mahjong 2–4 pm Level 1, Litchfield	18 Tai Chi 9-10am  Coffee & Chat 10:00am café  Fire Bloom Fitness Exercise 11–11.45 am Function Room	19 Fashion Show 10am Function Room  Craft Group 1pm Craft Room Table tennis 2pm	Prescare Exercise 9:15-10:15am  Fire Bloom Fitness Exercise 11–11.45 am	21
22	Fire Bloom Fitness Exercise 8.30-9.15 am  Scrabble 11am Café Area  Prescare Exercise 3-4pm	Prescare Aquatic Class 9:15–10:15am  Movement to Music Class 10.30am Mahjong 2–4 pm Level 1, Litchfield	25 Tai Chi 9-10am  Coffee & Chat 10:00am café  Fire Bloom Fitness Exercise 11–11.45 am Function Room	Craft Group 1pm Craft Room Table tennis 2pm  KT Choir 4pm Litchfield #44  Trivia 6.45pm Function Room	Prescare Exercise 9:15-10:15am  Fire Bloom Fitness Exercise 11–11.45 am Function room	28
29	Fire Bloom Fitness Exercise 8.30-9.15 am Scrabble 11am Café Area Prescare Exercise 3-4pm					

Next Month:
Saturday October 12
Artists in Residence
Opening Day at the Gallery

