

KINGSFORD TERRACE | CORINDA ACTIVITY CALENDAR

July 2019

- Kingsford Terrace Café Open Tuesday to Friday, 9.30am to 3pm
- Beauty Therapist Bec: Tuesday, Wednesday, Friday
By appointment, Ph: 0409 805 346
- Hairdresser Ange: Monday, Thursday, Saturday
By appointment, Ph: 0420 474 668
- **KT Residents' Meeting Monday 1st 10am**
- **AWC Saving Australia's Wildlife Presentation Monday 8th 10am**
- **Trivia Thursday 11th 6.45pm for 7pm start**
- **KT Open Day Saturday 13th & Wednesday 17th**
- **Birthday Sausage Sizzle Saturday 20th 12.30pm**
- **Grand Opening The Avenue, Maroochydore Wednesday 24th**

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 Fire Bloom Fitness Exercise 8.30-9.15 am KT Residents Meeting 10am Function Rm Prescare Exercise 3-4pm	2 Prescare Aquatic Class 9:15-10:15am Movement to Music Class 10.30am Mahjong 2-4 pm Level 1, Litchfield	3 Tai Chi 9-10am Coffee & Chat 10:00am Café Fire Bloom Fitness Exercise 11-11.45 am	4 Craft Group 1pm Craft Room Table tennis 2pm Committee Meeting 2pm Board Room KT Choir 4pm Litchfield #44	5 Prescare Exercise 9:15-10:15am Fire Bloom Fitness Exercise 11-11.45 am Drinks and Nibbles 3.30pm Café	6
7	8 Fire Bloom Fitness Exercise 8.30-9.15 am AWC Saving Australia's Wildlife 10am Function Rm Prescare Exercise 3-4pm	9 Prescare Aquatic Class 9:15-10:15am Movement to Music Class 10.30am Hearing Clinic Suite 1 by appointment Mahjong 2-4 pm Level 1, Litchfield	10 Tai Chi 9-10am Coffee & Chat 10:00am Café Fire Bloom Fitness Exercise 11-11.45 am	11 Craft Group 1pm Craft Room Table tennis 2pm Trivia Evening 6.45pm Function Room	12 Prescare Exercise 9:15-10:15am Fire Bloom Fitness Exercise 11-11.45 am	13 KT OPEN DAY from 10am Café Open from 8.30am

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ACTIVITY CALENDAR

SUN	MON	TUES	WED	THURS	FRI	SAT
14	15 Fire Bloom Fitness Exercise 8.30-9.15 am Prescare Exercise 3-4pm	16 Prescare Aquatic Class 9:15–10:15am Movement to Music Class 10.30am Mahjong 2–4 pm Level 1, Litchfield	17 Tai Chi 9-10am Coffee & Chat 10:00am café Fire Bloom Fitness Exercise 11–11.45 am KT OPEN DAY from 10am	18 Craft Group 1pm Craft Room Table tennis 2pm KT Choir 4pm Litchfield #44	19 Prescare Exercise 9:15-10:15am Fire Bloom Fitness Exercise 11–11.45 am	20 BIRTH- DAY Sausage Sizzle from 12.30pm
21	22 Fire Bloom Fitness Exercise 8.30-9.15 am Prescare Exercise 3-4pm	23 Prescare Aquatic Class 9:15–10:15am Movement to Music Class 10.30am Mahjong 2–4 pm Level 1, Litchfield	24 Tai Chi 9-10am Coffee & Chat 10:00am café Fire Bloom Fitness Exercise 11–11.45 am Function Room Grand Opening Maroochydore 2PM	25 Craft Group 1pm Craft Room Table tennis 2pm	26 Prescare Exercise 9:15-10:15am Fire Bloom Fitness Exercise 11–11.45 am Function room	27
28	29 Fire Bloom Fitness Exercise 8.30-9.15 am Prescare Exercise 3-4pm	30 Prescare Aquatic Class 9:15–10:15am Christmas In July at Corinda State High Sch Movement to Music Class 10.30am Mahjong 2–4 pm Level 1, Litchfield	31 Tai Chi 9-10am Coffee & Chat 10:00am café Fire Bloom Fitness Exercise 11–11.45 am Function Room			