

# KINGSFORD TERRACE | CORINDA ACTIVITY CALENDAR

## June 2019

- Kingsford Terrace Café Open Tuesday to Friday, 9.30am to 3pm
- Beauty Therapist Bec: Tuesday, Wednesday, Friday  
By appointment, Ph: 0409 805 346
- Hairdresser Ange: Monday, Thursday, Saturday  
By appointment, Ph: 0420 474 668
- **The Biggest Morning Tea Wednesday 12th 10am**
- **Birthday Sausage Sizzle Saturday 15th 12.30pm**
- **KT Residents' Dinner Thursday 20th 7pm**
- **Brain Training Thursday 27th 9am**

SUN	MON	TUES	WED	THURS	FRI	SAT
2	3 Fire Bloom Fitness Exercise 8.30-9.15 am  <b>Scrabble 10.15am Café Area</b>  Prescare Exercise 3-4pm	4 Prescare Aquatic Exercise 9:15-10:15am  Movement to Music Class 10.30am  <b>Mahjong 2-4 pm Level 1, Litchfield</b>	5 Tai Chi 9-10am <b>Coffee &amp; Chat 10:00am Café</b>  Fire Bloom Fitness Exer 11-11.45 am	6 <b>Craft Group 1pm Craft Room Table tennis 2pm Committee Meeting 2pm Board Room KT Choir 4pm Litchfield #44</b>	7 Prescare Exer 9:15-10:15am  Fire Bloom Fitness Exer 11-11.45 am  <b>Drinks and Nibbles 3.30pm Café</b>	8
9	10 Fire Bloom Fitness Exercise 8.30-9.15 am  <b>Scrabble 10.15am Café Area</b>  Prescare Exercise 3-4pm	11 Prescare Aquatic Exercise 9:15-10:15am Movement to Music Class 10.30am <b>Hearing Clinic Suite 1 by appointment Mahjong 2-4 pm Level 1, Litchfield</b>	12 Tai Chi 9-10am  <b>The Biggest Morning Tea 10:00am Café</b>  Fire Bloom Fitness Exer 11-11.45 am	13 <b>Deferred Management Fee Session 10am Function Room</b>  <b>Craft Group 1pm Craft Room</b>  <b>Table tennis 2pm</b>	14 Prescare Exercise 9:15-10:15am  Fire Bloom Fitness Exer 11-11.45 am	15 <b>BIRTH- DAY Sausage Sizzle from 12.30pm Café Area</b>

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SUN	MON	TUES	WED	THURS	FRI	SAT
16	<p>17</p> <p>Fire Bloom Fitness Exercise 8.30-9.15 am</p> <p><b>Scrabble 10.15am Café Area</b></p> <p>Prescare Exercise 3-4pm</p>	<p>18</p> <p>Prescare Aquatic Exercise 9:15–10:15am</p> <p>Movement to Music Class 10.30am</p> <p><b>Mahjong 2–4 pm Level 1, Litchfield</b></p>	<p>19</p> <p>Tai Chi 9-10am <b>Coffee &amp; Chat 10:00am café</b></p> <p>Fire Bloom Fitness Exer 11–11.45 am</p>	<p>20</p> <p><b>Craft Group 1pm Craft Room</b></p> <p><b>Table tennis 2pm</b></p> <p><b>KT Choir 4pm Litchfield #44</b></p> <p><b>KT Residents' Dinner 7pm (Monier Hotel)</b></p>	<p>21</p> <p>Prescare Exercise 9:15-10:15am</p> <p>Fire Bloom Fitness Exer 11–11.45 am</p>	22
23	<p>24</p> <p>Fire Bloom Fitness Exercise 8.30-9.15 am</p> <p><b>Scrabble 10.15am Café Area</b></p> <p>Prescare Exercise 3-4pm</p>	<p>25</p> <p>Prescare Aquatic Exercise 9:15–10:15am</p> <p>Movement to Music Class 10.30am</p> <p><b>Mahjong 2–4 pm Level 1, Litchfield</b></p>	<p>26</p> <p>Tai Chi 9-10am <b>Coffee &amp; Chat 10:00am café</b></p> <p>Fire Bloom Fitness Exer 11–11.45 am</p>	<p>27</p> <p><b>Brain Training 9am Function Room</b></p> <p><b>Craft Group 1pm Craft Room</b></p> <p><b>Table tennis 2pm</b></p>	<p>28</p> <p>Prescare Exercise 9:15-10:15am</p> <p>Fire Bloom Fitness Exer 11–11.45 am</p>	29
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### Coming up in July

- **Monday 8th Presentation by Australian Wildlife Conservancy**
- **Saturday 14th Birthday Sausage Sizzle**
- **Thursday 18th Trivia Evening**